

Applicant: Bayer (Pty) Ltd
Product proprietary name: Zam-Buk® Ointment
Dosage form: Ointment

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: [S0]

ZAM-BUK OINTMENT

**Camphor 1,66 g/100 g, Eucalyptus oil 5,03 g/100 g, Thymus vulgaris oil 0,50 g/100 g and
Sassafras oil 0,62 g/100g**

Zam-Buk® Ointment is a Western herbal medicine.

D: COMPLEMENTARY MEDICINE

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you

Zam-Buk ointment is available without a doctor's prescription for you to treat a mild illness.

Nevertheless, you still need to use Zam-Buk ointment carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Zam-Buk ointment with any other person.
- Ask your healthcare provider or pharmacist if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve after 14 days

What is in this leaflet

1. What Zam-Buk ointment is and what it is used for
2. What you need to know before you use Zam-Buk ointment.
3. How to use Zam-Buk

PATIENT INFORMATION LEAFLET

4. Possible side effects
5. How to store Zam-Buk ointment
6. Contents of the pack and other information

1. What Zam-Buk ointment is and what it is used for.

Zam-Buk ointment is a western herbal medicine that is used for the temporary relief of pain and itching associated with sunburn, insect bites and other minor skin irritations, muscular cramps and rheumatic pain. It improves blood circulation in microvessels

What you need to know before you use Zam-Buk ointment.

Do not use Zam-Buk ointment:

- if you are allergic to Camphor, Eucalyptus oil, Thymus vulgaris oil, Sassafras oil or any other ingredient of Zam-Buk ointment.
- If you are pregnant or breastfeeding
- On children under the age of 2 years

Warnings and precautions

Take special care with Zam-Buk ointment:

- Do not ingest, contains camphor which is harmful when swallowed.
- Not for oral use
- For external use only
- Avoid the use of Zam-Buk Ointment if pregnant, epileptic or if you have chronic lung conditions

PATIENT INFORMATION LEAFLET

- Avoid direct contact with eyes, genitals, nose and mouth,
- Do not use on broken, irritated or sensitive skin
- Do not expose applied area to the sun
- Do not use Zam-Buk ointment with other products containing camphor, menthol, and eucalyptus oil

Children

- Keep out of reach of children
- Do not use on children below 2 years of age

Pregnancy, breastfeeding and fertility

- Do not use Zam-Buk ointment during pregnancy or breastfeeding.

Driving and using machines

Zam-Buk ointment should not affect your ability to drive and use machinery. However, if you think you are affected you should not drive or use machinery until you feel better.

2. How to use Zam-Buk ointment

Always use Zam-Buk ointment exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure.

For external use only, not to be taken orally.

Apply a small amount on the affected area and gently massage

If symptoms continue or worsen, please consult your doctor or healthcare provider

PATIENT INFORMATION LEAFLET

If you use more Zam-Buk than you should

In the event of accidental ingestion, consult your doctor or pharmacist. If neither is available, contact the nearest poison centre.

3. Possible side effects

Not all side effects reported for Zam-Buk ointment are included in this leaflet. Should your general health worsen or if you experience any untoward effects while using Zam-Buk ointment, please consult your health care provider for advice.

Zam-Buk ointment may cause nausea, vomiting, abdominal pain, pain, headache, dizziness

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the “**6.04 Adverse Drug Reaction Reporting Form**”, found online under SAHPRA’s publications: <https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of Zam-Buk ointment.

4. How to store Zam-Buk ointment.

- Store all medicines out of reach of children.
- Keep the container tightly closed
- Store at or below 30°C
- Do not use after the expiry date stated on the label

PATIENT INFORMATION LEAFLET

- Protect from light and moisture
- Do not store in a bathroom

5. Contents of the pack and other information

What Zam-Buk ointment contains

The active ingredients are Camphor 1,66 g, Eucalyptus oil 5,03 g, Thymus vulgaris 0,50 g and Sassafras oil 0,62 g, per 100 g.

The other ingredients are Colophony resin, Copper-chlorophyll, D&C yellow, Paraffin hard, Paraffin white soft and Micro wax.

What Zam-Buk ointment looks like and contents of the pack

Zam-Buk ointment is packed is a green ointment with a characteristic camphor odour.

It is packaged in a round tin container with a round tin lid. It is available in the following pack sizes and units:

- 36 x 7 g tins packed inside a dispenser
- 16 g tin in carton
- 60 g tin in carton

Holder of certificate of Registration

Bayer (Pty) Ltd.

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South Africa

Applicant: Bayer (Pty) Ltd
Product proprietary name: Zam-Buk® Ointment
Dosage form: Ointment

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Access to the corresponding Professional information

The corresponding professional Information can be accessed electronically at the following web address: <https://www.bayer.co.za>